



11/23/2023

Life Vision Worksheet

This worksheet can be used by individuals or married couples/families for annual vision planning. Allow a considerable amount of time to ensure thoroughness of the planning process. Complete this worksheet in a quiet space. You may need an annual calendar, previous year's major life goals and any other reference material that will help you determine your goals for the coming year. Life will happen, items on this vision worksheet may change, not get done or remain incomplete. Remember to be agile in shifting if needed, changing course, or updating goals.



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Chief Joy Activator

Life Vision Worksheet

Area of Focus	0-2 Year Goals	2-5 Year Goals
Spiritual <i>(personal relationship with God)</i>	1. 2. 3.	1. 2. 3.
Financial <i>(financial outlook)</i>	1. 2. 3.	1. 2. 3.
Relational <i>(friendships, marriage etc)</i>	1. 2. 3.	1. 2. 3.
Health <i>(include fitness, routine check-ups)</i>	1. 2. 3.	1. 2. 3.
Career <i>(include professional development, transitions)</i>	1. 2. 3.	1. 2. 3.
Family <i>(connectedness, growth and love in action)</i>	1. 2. 3.	1. 2. 3.
Church/Community <i>(engaging with church family e.g. serving, small groups)</i>	1. 2. 3.	1. 2. 3.
Emotional/Mental Wellbeing <i>(ensure you have this balance)</i>	1. 2. 3.	1. 2. 3.
Travel and Fun <i>(take time to rest and enjoy your life)</i>	1. 2. 3.	1. 2. 3.
	1. 2. 3.	1. 2. 3.

Moving forward into the new year, what areas of your life did you excel at and what areas need attention? How do you plan on progressing in the areas that need attention?

What are your hopes for the new year? Describe one growth area you want to agree with God on.

List 5 motivational Scriptures that can motivate you as you wrap up the next five weeks of the year 2023.